



Arsha Baby Joseph

Child & Youth Mental Health Clinician

Kenora Rainy River Districts Child and Family Services

Arsha is a Registered Social Worker with the Ontario College of Social Workers and Social Service Workers. She provides regular counseling for clients and practices as a School Board clinician at Crossroads Public School.

Focus areas include grief and loss, anxiety, depression, social skills development, emotional regulation, family problems, bullying, and enhanced coping skills.

Arsha provides culturally sensitive and individualistic services that cater to the client's individual strengths and needs.

Commonly used modalities are DBT, CBT, BRISC, ASIST, Solution Focused Therapy, Sand Therapy and Play Therapy.



Arsha is from India and immigrated to Canada in 2007.



She graduated from Wilfrid Laurier University with a degree in Honours Psychology and Women Studies Minor. She then completed her Master in Social Work degree (Medical and Psychiatric specialization) from Mahatma Gandhi University, Kerala, India.

Please feel free to reach out at 8072741065 ext:5084 or arsha.babyjoseph@krrcfs.ca

Every single minute matters, every single child matters, every single childhood matters.

-Kailash Satyarthi, Nobel Prize winner, 2014